

To Your Health...An Evening For Women Only



Join us for a great evening to celebrate life...your life!

Learn ways to incorporate healthier lifestyles through food demonstrations with Sue Cotch from Let's Dish, organic products from Acacia Organics, vegan based cosmetics from Arbonne, and alternative medicine suggestions from Lisa Decartursmith of Healing Traditions. Finally try some organic wines coupled with scrumptious organic chocolates from Pair Chocolates.

Where else can you find everything in one evening that can make you healthier, happier and well balanced for the rest of your life!

Come solo or invite family or friends.

**Hosted By: 212 Lifestyles
Rori Koepfler
Holistic Health Counselor**

*The Koepfler Residence
130 Braymore Court, Barrington, IL*

Friday, October 9th, 7:00pm

847-382-8418